**French Toast**

**Ingredients:**

2 eggs

2 pieces bread (stale or lightly toasted)

pan spray

Butter, syrup, powdered sugar (optional)

**Directions:**

1. Beat two eggs in medium bowl

2. heat pan on stovetop to medium high

3. spray pan with pan spray

4. coat stale or lightly toasted bread on both sides with egg mixture

5. Place in pan, flip when egg is done

6. repeat process with 2nd piece of bread

7. place on plate and top with butter, syrup, & powdered sugar (optional)